



NEWS&VIE

The Newsletter for the International Club of Salobreña

In this issue...

- New Committee 2019
- From The Chair...
- Events News
- Feedback
 Questionnaire
- CAB Spain
- Salobreña
 Catering School
 Needs You!
- Pylons in Lecrin
- Club Subs
- Puzzles

New Committee 2019

As is the custom at the Annual General Meeting in January those attending had the opportunity to shape our committee for the new year.

February 2019

Here's details of your new committee:

Chair – Sue Cottrell

Vice Chair – Robert Russell

Secretary – Teresa Deasy

Vice Secretary – Mark Clifton

Treasurer – Joe Melville

Vice Treasurer – Sue McGeoch

Vocal – Belinda Burt

Vocal – Yvonne Bautista

Vocal – Giles Killick

FROM THE CHAIR...



Let me start by warmly welcoming you all to this our first, quarterly newsletter for the ICS. I was delighted to accept the role of chairperson at the AGM this year. It is a great opportunity to take the International Club further on it's journey.

I am so grateful to Ken Smith and the outgoing committee from last year who have helped me and our newly elected committee settle into the day to day work of helping to make the International Club an integral part of the social scene for members in this beautiful area of Southern Spain.

I hope you enjoy looking through the newsletter which gives you a flavour of our forthcoming

activities throughout the year. For those of you who have been members for a while, you will find some old favourites and then we have looked for new opportunities for our membership. At the AGM it was agreed that our membership fee would see it's first increase in many years to €15 a year and I hope that many of our proposed activities will show that your membership remains great value.

I would also like to ensure that the activities of the club are as relevant as possible to you. This helps grow our membership and ensure the success of the club in the future. With this in mind, in this issue of the newsletter, I'm particularly happy to share with you details of our new ICS feedback questionnaire. This is a short and simple to complete online survey which will help us understand how we can shape the club in the future to better meet your needs.

I have already had the opportunity to meet many of you at the Hotel Salobreña during our usual weekly meetings there every Wednesday. I hope to be able to meet even more of you as the year progresses. Our new committee have already arranged that at least one of our committee will be on hand at the hotel for each weekly meeting to greet you and improve your club experience. Please say "buenos dias" the next time you attend.

Sue Cottrell

Chair, 2019

EVENTS 2019/20

Find out what's in the diary for the International Club in the coming year. Some events are tentative or may be still in the planning stage and we will keep you updated with progress as we get more information.

DATE	EVENT
Wed 20th Feb	Spa Almuñecar Playa Hotel. 10:00am - 1:30pm. 8 Euros each
	(In pairs). Bring towel, flip flops or aqua shoes
Thur 21st Feb	Walk with Robert & Helen
Wed 27th Feb	Quiz
Thur 28th Feb	Walk with Robert & Helen
MARCH	
Wed 6th Mar	Book swap & Badge Draw
Thur 7th Mar	Walk with Robert & Helen
Tues 12th Mar	Madam Butterfly Trip - Granada, 44 Euros each
Wed 13th Mar	Social at the Hotel - Wear green for St Patricks Day
Thur 14th Mar	Walk with Robert & Helen
Wed 20th Mar	Talk: Geoff Hutt 11.30am, "Americas after Columbus"
Thur 21st Mar	Walk with Robert & Helen
Wed 27th Mar	Quiz
Thurs 28th Mar	Walk with Robert & Helen
APRIL	
Wed 3rd Apr	Trip to Tesoro de Las Cuevas Rincon de La Victoria, 37 euros
	each. Bus, lunch & caves. Guide
Thur 4th Apr	Walk with Robert & Helen
Wed 10th Apr	Book swap & badge draw
Thur 11th Apr	Walk with Robert & Helen
Wed 17th Apr	Semana Santa 14-21 st . Social at Hotel
Thur 18th Apr	Walk with Robert & Helen
Wed 24th Apr	Quiz
Thurs 25th Apr	Walk and lunch at Catering college in Salobrena
MAY	
Wed 1st May	Book swap & badge draw
Thurs 2nd May	Walk with Robert & Helen
Wed 8th May	Day trip to Frigiliana. Details to follow

Thurs 9th May	Walk with Robert & Helen
Wed 15th May	Talk by Martin Riley, "Life as a Guide in the Sierra Nevada"
Thur 16th May	Walk with Robert & Helen
Wed 22nd May	Trip to Cordoba with overnight stay – Details to follow
Wed 29th May	Quiz
Thur 30th May	Walk with Robert & Helen
JUNE	
Wed 5th Jun	Trip to Olive Oil Mill and lunch. To Be Confirmed
Thur 6th Jun	Walk with Robert & Helen
Wed 12th Jun	Summer Lunch. BBQ at Hotel Salobreña. To Be Confirmed
Thur 13th Jun	Walk with Robert & Helen
Wed 19th Jun	Tenpin Bowling To Be Confirmed
Thur 20th Jun	Walk with Robert & Helen
Wed 26th Jun	Quiz
Thur 27th Jun	Last walk before summer break
	Club closes for July & August Summer Break

SEPTEMBER

Wed 11th Sep Book Swap & Badge Draw Thur 12th Sep Walk with Robert & Helen Wed 18th Sep Talk by Harry McDonald, "The Benefits of Yoga" Walk with Robert & Helen Thur 19th Sep Wed 25th Sep Quiz Thur 26th Sep Walk and lunch, Alhama de Granada **OCTOBER** Talk: Terry Everett, "The Modern Olympics" Wed 2nd Oct Thurs 3rd Oct Walk with Robert & Helen Wed 9th Oct Book Swap & Badge draw Thurs 10th Oct Walk with Robert & Helen Wed 16th Oct Trip to Alcala La Real, Jaen 40 euros each Thurs 17th Oct Walk with Robert & Helen Wed 23rd Oct Petanca. Opposite VelaBeach, Salobreña Walk with Robert & Helen Thur 24th Oct Wed 30th Oct Quiz Walk with Robert & Helen Thur 31st Oct

NOVEMBER

Wed 6th Nov	Book swap & Badge Draw
Thurs 7th Nov	Walk with Robert & Helen
Wed 13th Nov	Trip to Caminito del Rey. Details to follow
Thur 14th Nov	Walk with Robert & Helen
Wed 20th Nov	Visit to Aprosmo Centre. Motril Centre for severely disabled
Thurs 21st Nov	Walk with Robert & Helen
Wed 27th Nov	Quiz
Thur 28th Nov	Walk with Robert & Helen
DECEMBER	
Wed 4th Dec	Book swap & badge draw
Thurs 5th Dec	Walk with Robert & Helen
Wed 11th Dec	Winter Lunch
Thurs 12th Dec	Walk with Robert & Helen
Wed 18th Dec	Quiz. Bring tapas to share
2020	
JANUARY	
Wed 8th Jan	Book swap & badge draw
Wed 15th Jan	AGM
Wed 22nd Jan	Social at Hotel Salobreña and handover to new committee.
Wed 29th Jan	Quiz

Got an Idea?

If there's something that you think we should include in our next newsletter then we would love to hear from you. It could be something that you would like to share with other members, an event that's coming up that you think that they might be interested in; we want to make what we do in the club and how we do it, as relevant to you and your lifestyle as possible. So please don't hesitate to let us know. Simply drop



us a line to our usual email address and we will get back to you about it. Email us at:

ICSalobrena2016@gmail.com

DON'T HOLDBACK...FEEDBACK!

We want to make the ICS as relevant as possible for you so we would like to find out what you think about the club. The things you like and would like to see more of as well as the things that you think could be changed or improved upon.

So, we have created a short online feedback form and we would love it if you could take a couple of minutes to share your views with us. The survey form is anonymous however, if you would like a response to any of your comments, we just ask you to tell us your name and we will try to get back to you as soon as possible.

We would like to collect responses until 12 March 2019 and whilst we can't promise everything on your wish list can be fulfilled; your feedback will help to shape and inform how the club develops in the future.

To complete the online survey just click the following link: ICS Feedback Questionnaire

We look forward to hearing from you!

ICS Feedback Surv	vey 2019
Membership Survey (By filling out this form you ag process your data in line with	
*Required	
What do you think the	e ICS does well?
Your answer	
What do you think we better? *	could do
Your answer	

OTHER NEWS

The home of Citizens Advice Bureau Spain

Are you aware that there is a Citizen's Advice Bureau here in Spain? One of our members shared with us how they discovered it a few years ago and find it to be brilliant. They were pleased with their efficiency and that their web page is full of valuable information for ex-pats in Spain.

Their team of volunteers includes several qualified people in various fields. If you need to ask them a personal question, their response is immediate. You can very often find an answer to your question in their website.

They currently have a petition running to send to Westminster, regarding C.A.B. being a requirement here in Spain and are asking for as many ex-pats as possible to support them by signing it online.

Link to website: https://www.citizensadvice.org.es/



Madam Butterfly

Have you booked to go on the Madam Butterfly trip to Palacio De Congressos on 12 March? Make sure that you have paid your 44 Euros per person by Wednesday 20 February. Speak to Yvonne or Belinda.

Opposition To Pylon Invasion!

One of our members, Tina Emmott, would like to draw attention to the possibility of areas of Las Alpujarras and the Lecrin Valley, being devastated by the erection of electric pylons through the area. The Seaside Gazette recently covered the issue. Here's a link to their article which will give you much more information:

http://www.theseasidegazette.com/2018/ 11/56367/opposition-to-pylon-invasion/

If you would like to speak to Tina about the issue, you can email her: tina@buenavistaspain.com



Are you on FaceBook?

Did you know ICS has a page?

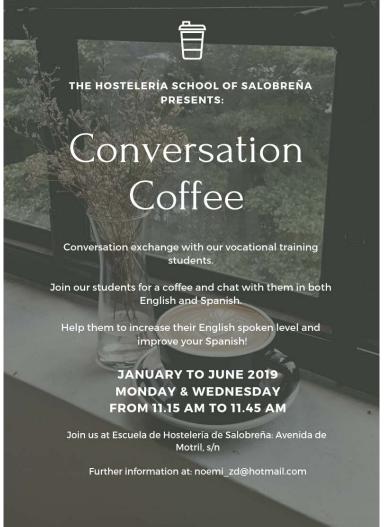
It's a great way to see what's going on. We also love to receive photos of any events, walks, etc. that you might have too.

Click here to go to our page!



CLUB SUBS!

Don't forget that International Club subscriptions are due. As agreed at the recent AGM the subscription is now 15 Euros each, but represents excellent value with some great trips and events which attract a discount for our group booking! Subs can be paid in cash at Hotel Salobreña, or by bank transfer. Speak to Club Treasurer and Membership Secretary, Joe Melville for details.



Conversation Coffee!

Noemi Zambrana, the Bilingual Teacher at the Salobreña Catering School (La Academia Hostelería Salobreña) has approached the ICS to offer members the opportunity to get involved in the local community.

Noemi would like seven native English-speaking volunteers to give half an hour of their time on Monday mornings 11:15am to 11:45am at the catering school in Salobreña to help students with their spoken English. The idea is to create a relaxed atmosphere where students and volunteers can have a conversation in English over a cup of coffee.

The ideal would be to get a pool

of volunteers so that you don't have to commit to attending every Monday during term time. We may even extend number of days if we get enough volunteers.

Noemi would like to start the programme on 11 March. So, you if you are interested or would like more information, please contact Club Secretary, Teresa Deasy, who is volunteering for this worthwhile project which is included in the Bilingual Programme of the Junta de Andalucía.

To get involved or if you want more information, please contact Teresa.

WANTED! OCEAN AMBASSADORS!



Asociación Playa Patrol are looking for two awesome Ocean Ambassadors to help coordinate beach clean up events in Salobreña and Motril so that they can continue to help keep our sea plastic-free. Ideally, they would like one Spanish speaking and one English speaking.

They already have events planned for other areas...cleaning up *Playa La Herradura* along with *Playa Velilla* and *Playa San Cristóbal* in Almuñécar on the following dates:

Saturday March 23 – *Spring Clean the Beach!* (remember that March 21 is the first official day of Spring)

Sunday June 30 – Post San Juan Micro-Plastic, Beach Clean-Up

Sunday September 22 – *International Coastal Clean Up Day* (this year joining in the global beach clean up day)

For the above events they are seeking 45 Team Captains so that they have 15 teams in each location. Even if your schedule only allows you to join them once, they would love to have you! All you need to do is find 10-15 friends to join you!

If you would like to find out how you could help please contact <u>Ann@Playa-Patrol.com</u> or call +34.690.773.507 (English) or + 34.681.620.593 (Spanish).

Don't Forget! The spa trip is on Wed 20th February. Please meet at the Almunecar Playa Hotel, Paseo San Cristóbal. Almunecar at 10am. This is a self drive event but there is parking nearby. The cost is €8 per person, to get this price you need to be in pairs (so time to make a friend!). bring your swimming togs, plus a towel, flip flops or aqua shoes.

PUZZLE PAGE

ICS WordSearch

Α	R	U	D	Α	R	R	Ε	Η	Α	L	L	Α	С
R	L	L	U	Α	R	L	Ε	С	R	I	Ν	A	G
Α	Α	Α	т	R	Α	L	Е	R	L	Е	L	Ε	R
С	S	R	V	М	L	J	Е	м	R	U	Α	L	Α
Ε	N	U	Α	Ι	D	Е	R	v	Ν	L	С	Α	Ν
N	I	Α	L	Ι	G	G	Α	Е	0	С	Α	G	Α
U	G	S	Е	М	Α	R	R	L	L	L	L	U	D
Μ	U	Ε	В	Α	В	J	0	v	L	Α	Ε	Α	Α
L	Е	R	Е	L	Α	S	В	Т	Ι	D	Т	R	Т
Α	L	В	Ζ	Α	R	Ν	Α	R	Ν	R	Α	D	Ι
Ε	Α	0	Ν	G	D	U	R	С	Α	L	Α	Ι	G
0	S	L	Α	Α	Ε	Μ	0	L	V	I	Ζ	Α	R
В	N	R	R	U	L	I	R	Т	0	Μ	N	Α	R
S	Ι	Ε	R	R	Α	N	Ε	۷	Α	D	Α	N	R

LOBRES NERJA LAS NIGUELAS LA HERRADURA MALAGA GRANADA ORGIVA SIERRA NEVADA LA GUARDIA MOTRIL LECRIN BEZNAR MOLVIZAR ALMUNECAR DURCAL LA CALETA

Here's a little local word search – just for fun!

See if you can find them all!



Here are seven supermarkets that you find in Spain – can you decipher them all?

