



# News&Views

The Newsletter for the International Club of Salobreña



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## ALCALÁ LA REAL



There's not too many trip opportunities left for 2019 but luckily we have a great day out planned for October! On **Wednesday 16 October** we will be heading for another remarkable historic town in our neighbourhood... Alcalá La Real in Jaen province.

**[CLICK HERE](#)** to download our trip flyer for all the details.

The cost of the trip to ICS members is €40 or €45 for non-members and includes lunch! See Belinda Burt or Yvonne Bautista to book your place now! Email

**[icsalobrena2016@gmail.com](mailto:icsalobrena2016@gmail.com)**

# From The Chair...



Welcome back!

I hope you all had a good summer. If you didn't, or are totally fed up with Brexit talk, you can rely on the ICS to provide you with some happy distraction. There are still trips coming up. For example in October we have the opportunity to visit historic Alcalá La Real, Jaen. In addition we have started up some mini-clubs, Mahjong and a book group for example. There is also an opportunity to join an art class. I know from talking to members that there are other ideas in the pipeline. If you are willing to start up a group or suggest one, we would be pleased to hear from you.

We have Terry Everett's talk 'The Modern Olympics' coming up in October, not to be missed as his reputation as an entertaining speaker goes before him.

As always there are the regular weekly walks with Robert and Helen and for those who prefer more sedentary pastimes there are the monthly book swap and the quiz.

A big thanks to Harry McDonald for his enjoyable talk in September on The Benefits of Yoga which was very well attended. Audience participation was encouraged but we drew the line at the shoulder stand and were perfectly happy watching it beautifully demonstrated by Harry.

'Namaste',

Sue Cottrell,  
Chair

## ICS Annual General Meeting

**Wednesday 15 January 2020**

One of the most important calendar dates!

It's the time to look back over the last year, the successes and challenges and hear from our committee and members about their views.

It's time too for members and existing committee members to think about opportunities to undertake or to continue roles on the ICS committee in 2020.

If you aren't able to attend look out for your proxy voting form.





# EVENTS

Find out what's in the diary for the International Club in the coming year. Some events are tentative or may be still in the planning stage and we will keep you updated with progress as we get more information.

Date	Event	Organiser(s)
October		
Wed 2nd Oct	Talk: Terry Everett "The Modern Olympics"	Sue Cottrell
Thurs 3rd Oct	Walk	Robert/Helen
Wed 9th Oct	Book Swap and Badge draw	Robert
Thurs 10th Oct	Walk	Robert/Helen
Wed 16th Oct	Alcala La Real, Jaen €40 Members	Yvonne/ Belinda
Thurs 17th Oct	Walk	Robert/Helen
Wed 23rd Oct	Petanca. Vela Beach Salobreña	Giles / Yvonne
Thur 24th Oct	Walk	Robert/Helen
Wed 30th Oct	Quiz	Giles
Thur 31st Oct	Walk	Robert/Helen

**Coming  
Soon...**



**Talk by Terry Everett -**

**"The Modern Olympics"**

**Make a note in your diaries to  
join Terry at Hotel Salobreña  
Suites on Wednesday, 2 October.**





# EVENTS CONTINUED

Find out what's in the diary for the International Club in the coming year. Some events are tentative or may be still in the planning stage and we will keep you updated with progress as we get more information.

Date	Event	Organiser(s)
<b>November</b>		
Wed 6th Nov	Book swap & Badge Draw	Robert
Thurs 7th Nov	Walk	Robert/Helen
Wed 13th Nov	Social Meeting	
Thur 14th Nov	Walk	Robert/Helen
Wed 20th Nov	Visit to Aprosmo Centre. Motril Centre for severely disabled	Yvonne
Thurs 21st Nov	Walk	Robert/Helen
Wed 27th Nov	Quiz	Giles
Thur 28th Nov	Walk	Robert/Helen

Date	Event	Organiser(s)
<b>December</b>		
Wed 4th Dec	Book swap and badge draw	Robert
Thurs 5th Dec	Walk	Robert/Helen
Wed 11th Dec	Winter Lunch	
Thurs 12th Dec	Walk	
Wed 18th Dec	Quiz. Bring tapas to share	

Date	Event	Organiser(s)
<b>January</b>		
Wed 8th Jan	Book swap and badge draw	
Wed 15th Jan	<b>AGM</b>	
Wed 22nd Jan	<b>Social at Hotel Salobreña and hand-over to new committee.</b>	
Wed 29th Jan	Quiz	



# Committee Life

**Ever wonder what it's like being part of the happy band of volunteers working behind the scenes on the ICS Committee?**

**In the run up to the next AGM and an opportunity to volunteer, here's your chance to find out...**

A lot of my role focuses around technology, our website, Facebook page and ICS Members group. It's true that to do this role effectively you need a fairly good level of IT skills but it's a great opportunity to learn using YouTube, social media, etc.



Another aspect of my role is communication with our members. This is a chance to practice some creative writing. Our Vocales work hard to identify and plan the great trips and events for our ICS calendar. Once discussed and agreed by our committee, I get the opportunity to develop the communication and promotion of the trip or event planned. I look closely at the itinerary, and content included. I then work on identifying the highlights of interest to members and this involves researching the content and royalty free images.

When planning communications for a trip I draft an email and send this to our members highlighting the benefits in a flyer and poster sized for use with Facebook.



Next, I can look at what is required from our website, built using WordPress. This involves writing a post to promote the event and creating an online form to capture the member's booking details enabling members to reserve their places on the trip,

Then there's creating a new product for our secure online Payment system with brief details of the trip or event and set the price for members and often non-member supplements. Finally I also need to update the trip or event on our events calendars.

There are other fun activities I work on too. Merchandising for the club like the tall pull up poster in the hotel Salobreña promoting the ICS. I have also forgotten to mention, that as Vice Secretary, I also stand-in for Teresa, our Secretary when needed looking after our Gmail inbox and other duties like Committee meeting minutes.

I have had a great year working on the ICS Committee. It's been a really positive experience. It keeps my mind active and help me develop new skills. I would recommend the ICS committee to anyone with the time and skills to contribute. As you can tell, there's plenty to do, In fact, if anyone is interested in helping out particularly with the technology work just let me know.





# MINI CLUBS

## ICS MINI CLUBS

We are delighted to be able to get some of our ICS Mini Club ideas off the ground. Here's a selection of what you can get involved with at the moment:

### **Acrylic Art Course Mini Club**

Just €80 for a four weekly three hour sessions with a fabulously talented local artist in La Herradura.

An opportunity to explore or develop your inner artist using the medium of acrylic paints. Suitable for all levels of experience and abilities. Date and time of course to be agreed. A minimum of four members required for this course.



If you are interested see Belinda Burt or drop a reply to this email.

[Click here to download our ICS Flyer for this activity](#)

### **Mah-jong Mini Club**

This is a free activity

Another excellent opportunity. This time to learn and play Mah-jong. Two of our members are skilled and avid players and have kindly offered to share their knowledge of the game with other interested members of ICS. On Mondays, 23 September, 30 September and 7 October, starting at 11.30am for two hours. At Hotel Salobreña. This Mini Club needs a minimum of 4 people.



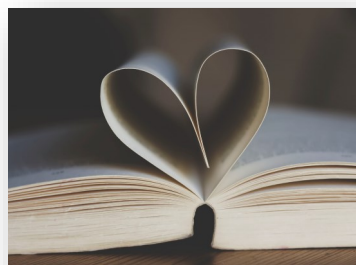
If you are interested see Belinda Burt or drop a reply to this email.

[Click here to download our ICS flyer for this activity](#)

### **ICS Book Group Mini Club**

This is a free activity

We are launching our very own book group and the initial meeting for those interested in attending will be on Friday 27 September at 11:00 am at the Hotel Salobrena Suites.



If you are interested see Belinda Burt or drop a reply to this email.

[Click here to download our ICS Flyer for this activity](#)



# Contributions

We are always delighted to receive contributions for the ICS Newsletter, whether it's photos, news of events or pretty much anything that might be of interest to our members...

## Chairwoman's wife, Ditty no.2.

Now that the summer has come to an end,  
The Chairwoman's driving me right round the bend.  
With mini-clubs new and trips here and there,  
A bundle of tasks for Committee to share.  
She cracks the whip and keeps us in line,  
To make sure that YOU all have a good time.  
So here comes autumn - a bit less sun,  
But ICS activities for everyone!

Belinda

## Member Opportunity—Gibraltar Trip

Don't forget there's a trip being organised by ICS member Chris Smith to Gibraltar on Thursday 28 November 2019. It's an excellent opportunity for ICS members to visit this iconic British destination just off the coast of Southern Spain and there's ample opportunity for a bit of British shopping in the run up to the Christmas period.

**The cost of the trip is only 15 Euros and surplus funds will be donated to charities.**

If you would like to join the trip don't hesitate to contact Chris Smith:

By mobile on 628 252 955

By email to [cas2325@yaahoo.co.uk](mailto:cas2325@yaahoo.co.uk)







# PUZZLE PAGE

## ICS October 2019

A	C	E	R	V	E	Z	A	A	W	A	D	S	S
I	A	L	C	A	L	A	L	A	R	E	A	L	O
C	S	T	R	F	L	U	N	C	H	L	E	A	M
U	U	A	M	O	H	I	S	T	O	R	I	C	O
L	A	S	E	R	M	O	O	R	I	S	H	L	T
A	O	A	D	T	Y	O	A	O	O	L	H	A	P
D	T	N	I	E	R	A	U	L	E	A	P	I	I
N	A	L	E	L	E	A	R	S	A	A	N	A	A
A	H	L	V	E	W	T	B	N	S	L	I	A	B
C	C	H	A	Z	E	O	C	A	S	T	L	E	N
S	A	N	L	A	R	M	F	V	A	N	A	R	E
O	A	S	O	R	B	A	S	T	U	D	I	O	A
H	V	V	C	A	S	L	T	L	B	E	E	R	J
E	E	S	A	O	C	E	T	E	C	A	L	A	P

CASTLE  
ALCALA LA REAL  
JAEN  
FORTELEZA  
HISTORICO  
CERVEZA  
LA MOTA  
MEDIEVAL  
MOORISH  
CASCO  
STUDIO  
PALACETE  
BREWERY  
BEER  
TAPAS  
ANDALUCIA  
LUNCH

Play this puzzle online at : <https://thewordsearch.com/puzzle/716154/>

## WORD SEARCH

Here's a little word search  
based on our trip to Alcalá  
La Real – just for fun!

See if you can find them  
all!

You can play online too...

[Click here](https://thewordsearch.com/puzzle/716154/)

## SUDOKU

This month we have a  
Sudoku puzzle for you  
to try...Complete the  
Sudoku puzzle so that  
each and every row,  
column, and region  
contains the numbers  
one through nine only  
once.

6	9				7	4		
	1				8		9	
5		4	2				7	8
3	2	1			4	9		
	4						1	
		7	6			8	3	4
2	8				6	5		1
	7		1				2	
		5	9				8	3